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Community & Connections

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March 2026



MEMBERS SIGN UP FOR A FREE HOME SAFETY ASSESSMENT... HAVE YOU?

At a recent SAHW seminar, Steve Gladstone--professional home assessor and contractor with more than 40 years of experience--outlined the specifics of the new Home Safety Program, made possible by a Connecticut state grant.

Steve reviewed the safety checklist inspectors will utilize to assess overall home safety which includes:

- Entry steps/railings
- Exterior walk/lighting
- Kitchen ventilation
- Heating/cooling efficiency
- Electrical safety
- Trip hazards
- Window issues
- Attic access
- Tub/shower access, presence of grab bars

In addition, they will check the viability of smoke and carbon monoxide alarms and fire extinguishers.

After all the assessments are completed, members will receive a comprehensive report of the findings and recommendations on how to make modifications and improvements along with a budget to complete the work.

The true benefit of the program is that not only will Stay at Home in Wilton cover the cost of the initial evaluation which is valued at \$300, but they will also cover a portion of the costs of the suggested improvements noted to make their homes safer.

If you have not signed up for your assessment, it is not too late! **Please call 203-762-2600 or email info@stayathomeinwilton.org to schedule your appointment or to ask any questions.** We are hoping to complete the evaluations by the end of March.

Stay at Home in Wilton
P.O. Box 46
Wilton, CT 06897
(203)762-2600

stayathomeinwilton.org
info@stayathomeinwilton.org

March Events

RSVP: events@stayathomeinwilton.org or
(203)762-2600



Technology Bar

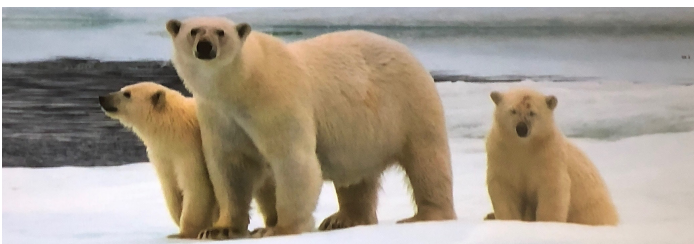
Managing Storage

Tuesday, March 17th

4PM

Join us as Stay at Home in Wilton presents a technology seminar designed to help you effectively manage storage across your electronic devices. After a brief presentation, there will be an active Q&A session along with 1-on-1 assistance. Presented by Wilton High School students Willa Rondeau & Elisabeth Bonita

RSVP by March 15th 203-762-2600 or events@stayathomeinwilton.org



Wonders of the Arctic

Monday, March 23rd

Comstock, 2PM

Are you curious about what the Arctic is really like? Here is your chance to explore it with board members Ellen and Jim Kapustka, who have made multiple trips to the region. From the stupendous icebergs of Svalbard and Disko Bay to the glorious Norwegian fjords and majestic Icelandic waterfalls to the playful puffins and awesome polar bears.....Come enjoy the wonderful photos and fascinating stories to be presented at this unique event. Ice-cold refreshments will be served!

RSVP by March 20th 203-762-2600 or events@stayathomeinwilton.org



Birthday Lunch

Wednesday, March 11

Orems, 12:00PM

If your special day falls in March, you will receive an invitation to enjoy a complimentary lunch from SAHW. Not a March baby? You're still welcome to Join the festivities— come celebrate with your fellow members!

RSVP by March 20th to 203-762-2600 or events@stayathomeinwilton.org



Floral Workshop

Monday, March 30th

Comstock, 2PM

Just in time for Easter! Create a gorgeous arrangement with floral designer Sue Wall. Supplies will be provided and space is limited, so RSVP to reserve your spot.

RSVP by March 25th at 203-762-2600 or events@stayathomeinwilton.org

Member Events

Welcome!

New Members:

Marilyn Hurwitz
Kathie Morin
Leo Morin
Claire Camelio

New Volunteers:

Rust Muirhead
Edwin Nelson

Join Our Team!

- Board Members
- Friendly Helpers
- Drivers
- Archive Committee
- Other volunteer opportunities

To find out more about volunteer opportunities, contact us at 203-762-2600 or info@stayathomeinwilton.org

MAKING Chocolates



Stay at Home in Wilton members recently gathered at the Wilton Historical Society for a delightful afternoon of chocolate making — sharing laughs, sweet treats, and even sweeter company. Be sure to check out this month's activities on page 2, including floral arranging with Sue Wall, the March birthday lunch and a Wonders of the Arctic presentation by Ellen and Jim Kapustka!



SAHW Women's Breakfast Thursday, March 19th Orem's, 9AM

SAHW women are invited to a monthly gathering at Orem's Diner. No RSVP needed, just show up!

Come share your morning coffee with old and new friends at a favorite Wilton haunt.

Membership Dues Update

For the first time since our founding in 2010, dues are going down! Effective upon renewal, the new rates are \$200 for an individual membership and \$300 for a couples membership. Scholarship membership of \$100 remains the same (authorized by social services). Current members will be billed for the new rate when they renew.

For over 15 years, our mission has remained the same: to provide seniors with supportive services, meaningful social and educational programs, and a strong sense of community - helping members stay active, independent, and connected while living in their own homes. Thanks to the dedication of our volunteers, board members, staff, and generous supporters, we have grown into a vibrant community of more than 100 members and been able to expand our programs to meet the needs of our members.

And now, through generous donors, we are able to make membership accessible to more seniors in our growing community.

If you know someone who could benefit from joining Stay at Home in Wilton, now is a wonderful time to spread the word.

Transportation Policy Reminder

As a reminder for all members who wish to send in transportation requests, please refrain from reaching out to our volunteers directly.

Please submit all requests by calling (203)762-2600, option 1 and leaving a voicemail with your request details or emailing rides@stayathomeinwilton.org. This allows us to track member activity, manage the weekly schedules and ensure all member requests are given equal priority. All requests should be submitted with one week notice or by the Friday preceding the upcoming week at the latest. We will always try to fill last minute requests, but we ask for as much notice as possible to allow our volunteers to make arrangements.

Administrative Staff

Nicole Volavka
Executive Coordinator

Allison C. Stagg
Transportation Manager

Tracy Scarfi
Communications Manager

Janet Johnson
*Executive Coordinator
Emerita*