

## BOARD OF DIRECTORS

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# Community & Connections

Volume 15 Issue 3

[www.stayathomeinwilton.org](http://www.stayathomeinwilton.org)

May 2025

## Stay at Home Celebrates 15 years!



Ambler Farm on a warm April evening was the perfect setting for Stay at Home in Wilton's 15th anniversary party. Amid festive decorations, members enjoyed a lavish buffet dinner, lively conversation with friends old and new, and plenty of laughs. A highlight of the evening was the surprise presentation of special awards to members who have contributed so much to our organization. We are proud of all we have accomplished in our first fifteen years and look forward to an exciting future for Stay at Home in Wilton!



## May Events

RSVP: [events@stayathomeinwilton.org](mailto:events@stayathomeinwilton.org) or  
(203) 762-2600

### Heibeck's Lunch

Wednesday, May 14th  
951 Danbury Road  
12 PM



You know summer is on the way when Heibeck's opens! Join SAHW friends for lunch at Wilton's iconic roadside stand for great food and great conversation.

**RSVP by May 12 at 203-762-2600 or [events@stayathomeinwilton.org](mailto:events@stayathomeinwilton.org).**



### Senior Open House

Friday May 16th  
Wilton YMCA  
12:30pm-3:30pm

Join representatives from the Wilton Riverbrook YMCA for a presentation on programs available especially for seniors including aquatic, fitness, and lifestyle classes; one-on-one training available. It's a fantastic opportunity for seniors to learn about all that the Y has to offer and how to get involved.

**RSVP by May 14 at 203-762-2600 or [events@stayathomeinwilton.org](mailto:events@stayathomeinwilton.org).**

**AVOID  
SCAMS**



### How to Avoid Being Scammed

Wednesday May 28th  
Comstock  
10 AM

Join us for a presentation by The Wilton Police Department on the latest scamming techniques. Designed to give you peace of mind by showing you how to recognize and protect yourself from common fraud tactics. Learn how to safeguard your personal information and stay one step ahead of the scammers. Bring your questions!

**RSVP by May 23 at 203-762-2600 or [events@stayathomeinwilton.org](mailto:events@stayathomeinwilton.org).**



### Come Celebrate May Birthdays!

Wednesday May 21st • Orem's • 12PM

If your special day falls in May, you will receive an invitation to enjoy a complimentary lunch from SAHW. Not a May baby? You're still welcome to Join the festivities— come celebrate with your fellow members!

Did we miss your birthdate? Call or email us to confirm we have your birthdate correct in our records.

**RSVP by May 19 at 203-762-2600 or [events@stayathomeinwilton.org](mailto:events@stayathomeinwilton.org).**



## Member News and News to Use

[www.stayathomeinwilton.org](http://www.stayathomeinwilton.org)

### Welcome!

### New

### Members:

**James Burch**

**Margaret Davis**

**Ann Fiteni**

**Robert Fuller**

**Fred Gioffre**

**Margaret Langer**

**Ellen O'Neil**

**Francesca Runge**

### New

### Volunteers:

**Ayden Englebright**

**Lisa Gibboney**

**Lorraine Larkin**

**Rachel Phippen**

**Susan Shultz**

**Julie Stansbury**

### Join Our Team!

- Friendly Helpers
- Drivers
- Archive Committee
- Other volunteer opportunities

To find out more about volunteer opportunities, contact us at 203-762-2600 or [info@stayathomeinwilton.org](mailto:info@stayathomeinwilton.org)

### Join Our Walking Club!



The Stay at Home in Wilton Walking Club, led by board members Ellen and Jim Kapustka, offers members the opportunity to explore area parks, preserves and scenic natural surroundings in the company of others. The walks are easygoing and provide a gentle workout.

Faster and slower walkers are accommodated. The walks are a great activity for those who want to get out and prefer to do so in a congenial group. Some of our favorite places to explore are the Norwalk River Valley Trail, Sherwood Island State Park, and Weir Farm National Park. A recent discovery is the Seth Low Pierrepont State Park in Ridgefield. On a recent walk there, the group was excited to see a swan on her nest, a great blue heron, and a large snapping turtle. We generally have coffee or lunch together, depending on whether the walk is in the morning or afternoon. For more information, or to **sign up for our email alerts, please contact Ellen Kapustka at [ellen.kapustka@gmail.com](mailto:ellen.kapustka@gmail.com).**

### A Timely Reminder from Stay at Home Handyman Kevin Kane



One of the many volunteer services Stay at Home provides is technical or mechanical assistance to help maintain comfort and improve safety in your home. Examples of what we can do include:

- Replacing light bulbs and batteries
- Installing or replacing smoke alarms
- Faucet or toilet repairs and adjustments
- Basic electrical adjustments such as lamp rewiring or fixture replacement
- Caulking and weather sealing
- Painting small areas
- Door knob adjustment or replacement
- Assembling furniture or newly purchased items
- Picture hanging
- Drape or blind repairs/replacement
- Moving furniture

**To Schedule handyman help, call: 203-762-2600**

## April's Birthday Lunch



*Phyllis Tousey Celebrates 102*



Many of our Stay At Home members joined us at Orem's last month to celebrate the April birthdays. We are excited to continue this new monthly tradition for our members and hope to see you all there Wednesday May 21 at 12 PM!



*Roxane Witke with Bärli Nugent*



*Peter Zareski, Nea Martin, Larry Mauer, Lisa Roman, Roxane Witke, and Bärli Nugent.*



Don't miss the party! Call or email SAHW to confirm your birthday is in our records.

### Administrative Staff

Nicole Volavka  
*Executive Coordinator*

Allison C. Stagg  
*Transportation Manager*

Tracy Scarfi  
*Communications Manager*

Janet Johnson  
*Executive Coordinator  
Emerita*

### Meet our new Communications Manager



Tracy Scarfi has lived in Wilton since 2005. Originally from Texas, she settled in Wilton with her husband and raised two kids who graduated from Wilton High School in 2018 and 2020. Tracy is a marketing professional and has always loved the creative side of the job. In her free time, she's usually behind a camera—she's a hobby photographer with a special love for nature and sports photography. She's also a dog enthusiast and loves her two corgis, Millie and Boomer.