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www.stayathomeinwilton.org

March 2025



Stay at Home Celebrates 15 years!

For 15 years, Stay at Home in Wilton has empowered seniors to maintain their independence through a vibrant mix of programs and support. Our enriching seminars, festive events like our summer BBQs and holiday gatherings, and cultural outings help keep members engaged and connected. At the heart of our services is our volunteer-powered assisted rides program. Since the program's launch, our volunteers have driven members over 13,000 miles which is just a little over two round-trip drives from Wilton to San Francisco.

Stay at Home in Wilton is celebrating with a special anniversary discount program! New members can enjoy 15% off their annual subscription, making it even more affordable to access SAHW's comprehensive services. Existing members can also save 15% by referring a new member to join our caring community. If you've enjoyed being a part of the SAHW community, spread the word!

In this month's mailing you'll find a donation envelope as well – we are grateful for your annual subscription, and for any additional generosity. Be sure to share with us any ideas you have about other activities we could add to our offerings!

Save the Date! Our 15th Anniversary Party! April 25th, 2025

Enjoy an elegant dinner at Ambler Farm with your Stay at Home friends as we celebrate this special anniversary. You will be receiving your invitation in the mail within the next couple of weeks. Be sure to RSVP as soon as possible to help us make final preparations. Attendance is free for all members and volunteers. You won't want to miss this splendid evening!

Stay at Home in Wilton
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March Events

RSVP: events@stayathomeinwilton.org or
(203) 762-2600



SAHW Coffee Club

Wednesday, March 12

302 Chestnut Hill Road • 2PM

Join SAHW friends for coffee, tea, baked goodies, and above all laughter and companionship in the warmth of Pete and Lynne Zareski's home. Bring an afternoon treat to share.

RSVP to SAHW by Monday, March 10.



Seminar: Wilton Budget and CT Senior Concerns

Monday, March 24

Senior Center • 2PM

Wilton Board of Finance Chair Matthew Raimondi will discuss the budget process in Wilton and State Representative Savet Constantine will address issues of concern to Wilton seniors at the state level. Bring your questions and enjoy a lively discussion. Open to SAHW members and Wilton residents.

RSVP to SAHW by Thursday, March 20.



Introducing Birthday Lunches!

Tuesday, March 18

Orem's • 12PM

March kicks off our new monthly tradition of honoring members' birthdays. If your special day falls in March, you will receive an invitation to enjoy a complimentary lunch on SAHW. Not a March baby? You're still welcome to join the festivities – come celebrate with your fellow members!



Senior Care Seminar Series

Wilton Library • 6:30PM

The Sandwich Generation Seminar Series: Senior Care equips families with knowledge and practical strategies to navigate the challenges of caring for loved ones.

- Wednesday, 2/26 - Navigating Senior Care 101
- Thursday, 3/27 - Local Lifelines: Finding & Utilizing Community Resources (SAHW's Lisa Roman will be a member of the panel)
- Thursday, 4/24 - Staying Put: Care in the Home.
- Thursday, 5/22 - Operating Instructions: The Legal Side of Senior Care
- Monday, 6/16 - Sounds Serious: Skilled Care

More information and register: bit.ly/40TZmIL

April Events

www.stayathomeinwilton.org

Welcome!

New Member

John Runge

Join Our Team!

- Friendly Helpers
- Drivers
- Archive Committee
- Other volunteer opportunities

To find out more about volunteer opportunities, contact us at 203-762-2600 or info@stayathomeinwilton.org



SAHW Seminar: CT Humane Society Monday, April 28 Senior Center 2:00PM

It is widely believed that the companionship of a pet can help to stave off the loneliness that is detrimental to health. Join representatives from our local Connecticut Humane Society to learn about the services they will be offering at the new facility under construction on Danbury Road. They will review the steps you need to take to ensure your pets' safety if you are unable to care for them and offer suggestions on including your pets in your will. They will also discuss volunteer opportunities for seniors. Don't miss this informative presentation.

RSVP to SAHW by Friday, April 25

Wilton Library Discussion Series: Great Decisions Begins Monday, April 7 Wilton Library 6:30-8:00PM



Wilton Library hosts a timely discussion series focused on current world affairs. Created by the Foreign Policy Association (FPA), the Great Decisions discussion series will highlight eight of the most thought-provoking foreign policy challenges facing Americans in 2025, including such topics as: U.S. China Relations, India: Between China, the West and the Global South, and the Future of NATO and European Security, among others. Each attendee will receive a briefing book (professionally published by the FPA) which includes pre-session readings (about 10 pages per week) providing background information, current data, and policy options for each issue. It serves as the focal point for the discussions.

Register: <https://bit.ly/4IjbBAc>

Recap: Valentine's Ice Cream Social: Sweet!



Stay at Home in Wilton's third annual Valentine's Day Ice Cream Social brought warmth and sweetness to the Cannon Grange. Members and friends savored local favorite Scoops ice cream, personally served by owner Laura Marino Wheatly, alongside homemade treats shared by members. Sue Wall's festive decorations added the perfect touch to this heartwarming community celebration that is becoming a cherished Valentine's tradition.



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Emerita*



Lifetime Learners Institute

Lifelong Learning in Norwalk!

Lifetime Learners Institute (LLI) at CT State College in Norwalk enriches the lives of adults over 50 through engaging non-credit courses. Knowledgeable instructors lead dynamic classes spanning history, current events, literature, arts, science, and more. The collaborative learning environment fosters intellectual growth while creating meaningful connections among members who share a passion for discovery and learning. This vibrant community proves that education and friendship know no age limits. Find out more and check out their Spring courses here: <https://lifetimelearners.org/>.