

## BOARD OF DIRECTORS

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Ellen Kapustka, Nita Nordgaard, Carolyn Stempel and Bobbi Kahan



Lauren Mody, Ann Byrne, Holly Wright-Warren, Kathy Gebbia, Roseanne Forslund

## A Look Back... and a Glimpse Ahead

### A Year of Successes

Stay at Home in Wilton's **Assisted Rides Program** has helped members with 353 ride requests since its inception in August. We celebrated one **100<sup>th</sup> Birthday**, doubled the size of the **Men's Breakfast Group**, and added a **Ladies Book Group**. The **Walking Club** also had a banner year. They hit the trail with 6 new members for a grand total of 18 walkers! Attendance is up. The **Thanksgiving Potluck**



Summer BBQ: Lauren Mody and Bobbi Kahan



Dorothy Hyde, Janet Johnson, Rita Hausdorff Fred and Pat Wernig

nearly doubled in size. We really love our parties! **BEST of ALL**, we welcomed **30 NEW Members** and **22 Volunteers**. It's been a banner year all around! **Happy New Year!**

## Mark Your Calendar for January Events



### Men's Monthly Breakfast **THURSDAY** January 5, 9 AM Orem's Diner

#### Men's Breakfast Group Returns to Orem's for Winter Months

The group averages 8 in attendance and cannot always fit in CT Coffee. Once the weather warms up the men can return to CT Coffee.

Meet at Orem's. Guests are welcome. For information call **203-762-2600**.



### New Year's Lunch at Marly's Thursday, January 12, 12 PM

Join us for a cozy winter lunch to celebrate the New Year at one of Wilton's favorite gathering spots.

Reservations required by January 10  
**RSVP:** Janet Johnson, **203-762-2600**

### Ladies Book Club Lunch Thursday, January 19, 1 PM



Ladies, you're invited to discuss **"The Lincoln Highway,"** by Amor Towles, a real joyride and elegant story of three young men and an adolescent boy traveling across the United States in 1954. New readers are welcome. The group meets the third Thursday of the month. Books are available at the library. Join us every month or any month the book piques your interest.

**RSVP: 203-762-2600**

Cora Martin, 8 Four Winds Drive

### Reading Nutrition Labels and Becoming a Savvy Shopper Tuesday, January 24, 3 PM

Begin the New Year with new habits that can help you make healthier choices and improve your diet. Don't miss this special presentation on nutrition and nutrition labels.

**Waveny**  
LIFECARE NETWORK

Visiting Nurse  
& Hospice of Fairfield County  
a member of Waveny LifeCare Network

**RSVP:** Janet Johnson, **203-762-2600**  
**Comstock Community Center**

# Member News and News to Use [www.stayathomeinwilton.org](http://www.stayathomeinwilton.org)

## Welcome

### New Members

Ed & Jane Bescherer  
 Nancy Helmig  
 Sharon Maharg  
 Barbara Osterholm  
 Carol Steiner



Jane and Ed Bescherer



Lila Griswold and Barbara Osterholm

### The Holiday Party is the most wonderful time of the year.

Thank you to Lisa Fleming, Kim Cafiero and to RVNAhealth for your generous sponsorship of this event; Ridgefield Playhouse and Open House Gift Shop for donating gifts for our free raffle. Congratulations to the Mathews who won tickets to "It's A Wonderful Life"; Ann Byrne, Margaret Sanko and Sue Wall who won Open House gifts. And a big thank you to all the volunteers who made it a very special evening.



### A personal note: "Thank You!" for the joy of knowing you and for the pleasure of serving beside you."

For 10 years I've had the absolute privilege and pleasure to be part of the Stay at Home in Wilton family. As I now look forward to my new venture with my family, I also look back on all the beautiful people and memories.

I have enjoyed getting to know you; Members, Board Members, Volunteers, Donors and our Sponsors. Many of you have shared your life stories with me. And some of you have shared your hearts. I've met some of the smartest, warmest, kindest and most hardworking people through this organization and I've learned so much. Nita Nordgaard taught me how to swing a golf club. Phil Stevens taught me about the fascinating sport of curling (and YES, Phil is still curling!) Janet Johnson showed me how to make flowers last in a vase. You have welcomed me into your homes and into your hearts. My life is richer for having known all of you.

Thank you for your friendship. Each of you has touched my life, and I am forever grateful. Thank you for trusting me to tell your stories. Most of all thank you for teaching me that age is only a number. You have taught me that no matter how old we grow, there is no limit to what we can learn and do; and you prove that every day! Keep on making the world brighter! With admiration, gratitude, and a heart full of love. *Debbie Louis*

# Welcome New Volunteers

Meaghan Donovan  
Alyson Kleiber

## ADVISORY BOARD

Richard Dubow  
John Foster  
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Peg Koellmer  
Ann Newton  
Theresa Santoro  
Carol Smith  
Dr. Maura L. Sparks  
Catherine Stroup  
Chris Stroup

## Administrative Staff

Janet Johnson  
*Executive  
Coordinator*  
  
Allison C. Stag  
*Transportation  
Manager*



## Volunteers of the Month Doris Gaynor & Luisa Kelso

Stay at Home in Wilton celebrates Holiday Party Co-chairs Doris Gaynor and Luisa Kelso as Volunteers of the Month. These ladies put together a beautiful and festive evening that had guests leaving with smiles on their face. Their team of volunteers did a tremendous job with parking, set up, greeting and clean up. Thank you ladies for making our holiday merry and bright!



Lynne and Peter Zareski get cozy



Partyers Ann Fiteni, Marge Anderson and Jim Kapustka



Joan Roman & Nea Martin



Holiday Party Volunteer  
John Danaher loads cars

## All Aboard: Stay at Home in Wilton

is looking to expand the leadership of our growing organization. We now have more members than ever before, thanks to our many interesting programs, enjoyable social gatherings, and valuable services (such as the new online Assisted Rides program). We are hoping to find new board members who will add creative energy and new ideas as we look to the future. For information, please contact, **Lisa Roman,** [info@stayathomeinwilton.org](mailto:info@stayathomeinwilton.org)