

## BOARD OF DIRECTORS

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Membership Co-Chair Gale Roeder with President Sally Kirmsler preparing for Oktoberfest!  
Left: Volunteer and Member Pat Wernig

## Thanks for Giving

**In this season of giving and thanksgiving,** we are celebrating a very happy and successful year at Stay At Home in Wilton! Membership has grown to 120, and we were able to celebrate our growth with a return to our very special social events.

Thanks to the generosity of our members and donors, we have now instituted an Assisted Rides program. This program has made a great difference to the volunteer drivers, and to our members who rely on this excellent program.



Jim Cronin and Gordon Nugent ready to celebrate!

Many thanks to all volunteers, who help us with many fabulous seminars and social events. Volunteers are the heart of a healthy organization, and we are thriving!

We are hopeful that 2023 will be a year of wonderful experiences shared with our members. We are proud of Stay At Home in Wilton, a vibrant senior community and family.

*Sally Maraventano Kirmsler*

# Mark Your Calendar for November Events

## SAHW Walking Club We'd love to see you!



All levels of walkers are welcome. We generally meet on Thursdays at **10:30** (rain date Friday) at one of the many scenic local walking trails.

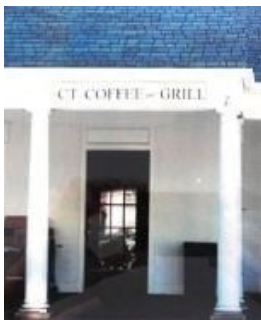
**Please join us for some friendly company and pleasant exercise.**

For more information, or to sign up for email announcements, please contact **Janet Johnson** at **203-762-2600**. See you on the trail!



## Election Day Rides Tuesday, Nov. 8

Reservations required by Nov. 3.  
**RSVP:** Janet Johnson, **203-762-2600**



## Men's Monthly Breakfast THURSDAY Nov. 10, 9 AM CT Coffee & Grill


Men will meet at the restaurant. Guests are welcome! For information: **203-762-2600**



## Stay at Home in Wilton Annual Thanksgiving Potluck

**Thursday, Nov. 17, 12 - 2 PM**  
**The Cannondale Grange**

Celebrate Thanksgiving with your Stay at Home in Wilton family. Stay at Home provides the turkey and the beverages. Please bring your favorite Thanksgiving side dish, pie or dessert and a helping of gratitude to share!

**RSVP** by **Tuesday, 11/15**. Please call Janet Johnson at **203-762-2600**. 

## Ladies Lunch & Brookfield Craft Center Holiday Sale Trip Tuesday, Nov. 29, 11 AM



Find unique, hand-crafted gifts at the Brookfield Craft Center. Holiday Sale. Enjoy lunch at our first stop, Pulcinella, known for its authentic Italian cuisine.

**RSVP: 203-762-2600** Carpools will meet at Commuter Lot at **11 AM**.

# Member News and News to Use [www.stayathomeinwilton.org](http://www.stayathomeinwilton.org)

## Welcome New Members

Toni Boucher  
Martin Clancy



## The New (OTC) Hearing Aids: What You Need to Know

### ABSENTEE BALLOTS

Connecticut allows you to receive an absentee ballot if you cannot appear at your polling place on Election Day for reasons such as physical disability, absence from town or sickness. Sickness may be your own or that of someone you care for. Visit the Town Clerk to receive your absentee ballot. All absentee ballots must be returned to the Town Clerk or the Absentee Ballot drop box by 8 p.m. on Election Day, Nov. 8.

High-quality hearing aids are now available over the counter. According to one expert, more than 90% of adults with hearing loss can benefit from these new devices. Hearing aids will be available at pharmacies and big-box stores such as Best Buy.

### Important points to remember:

- Finding the right device and adjusting it to the correct “acoustic fit” may take several tries.
- Return policies must be clearly specified on the package. Because it may take several weeks to adapt to amplified sound, look for at least a 30-day policy.
- Some users will have no problem self-fitting their new devices with online tools. Others will need guidance on choosing, fitting and learning to live with the new aids.
- It remains to be seen how audiologists will adjust to the new environment. Some may alter their practices to provide testing, education, counseling and support. Others may not.
- Check out the tip sheet from the Hearing Loss Association of America. The Johns Hopkins Bloomberg School of Public Health created [HearingNumber.org](http://HearingNumber.org) to help people assess their level of hearing loss and learn about treatment options. (This requires an Apple smartphone or tablet.)

**Relief is on the way!** The **Social Security Administration** recently announced the largest cost-of-living adjustment in more than 40 years **raising benefits 8.7%** beginning in 2023 to help keep pace with inflation. **AVOID SCAMS:** Do not answer questions regarding your Social Security payments or personal information over the phone. There is no cost to you or any action you need to take. Remember: **the IRS will NEVER call you!**

# Welcome New Volunteers

Linda Baumstein  
Sharon Beecher  
Theresa McDermott  
Heather Sparrow



Cora Martin (left) pictured with Board Member Ann Byrne ready to welcome guests at the Oktoberfest.

## ADVISORY BOARD

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## Administrative Staff

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*Executive  
Coordinator*

Debbie Louis  
*Membership &  
Publicity Director*

Allison C. Stagg  
*Transportation  
Manager*

## NEW Transportation Program is in Gear to Serve You:

- 1. Book your ride** when you book your appointment, even if it is several weeks away.
- 2. Book multiple rides** at the same time.
- 3. Book rides** at least **48 hours** in advance as we cannot always find next day drivers.
- 4.** Once a driver has called to confirm a ride, **please give them your cell phone number** and write down their number.
- 5.** If you need to **cancel a ride** and a driver has already called you to confirm the ride, **call THEIR cell phone to cancel.** If you don't have their cell phone, call **203-762-2600.** Always try the driver first.
- 6. Have a special request,** like stopping at the pharmacy after your appointment? Let us know when you book the ride.

**Our volunteers are looking forward to meeting and driving you!**

See enclosed Transportation Policy for more details.

## Volunteer of the Month: Cora Martin

Cora and her husband Dick moved to Wilton in 1980. They reared three children and also raised 17 yellow Labradors (all boys!) for Guiding Eyes for the Blind. The Martins always wanted to be involved in doing good for others.

Those of you who moved to Wilton about 40 years ago may recognize Cora as Wilton's Welcome Wagon lady. Cora was one of the first people new residents met. She loved introducing newcomers to the town.

Cora has been active in the Newcomers Club and Garden Club, as well as the Turnover Shop and Minks to Sinks. She regularly helps out at Stay at Home events wherever she is needed, and was pleased to offer her home as a permanent meeting place for the Ladies' Book Club.

Cora is happy to be part of our organization, and we couldn't be happier to have her!