



STAY at HOME  
in Wilton  
10 YEARS

# Community & Connections

Volume 11 Issue 3

June 2021

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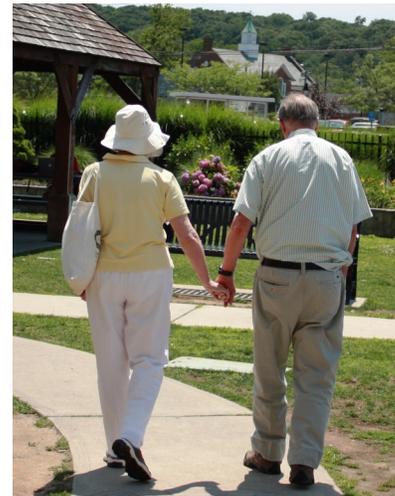
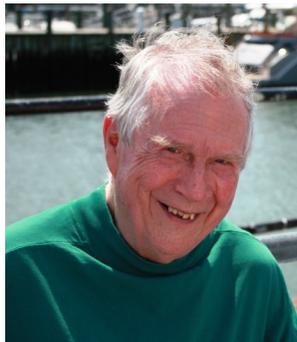
GALE ROEDER

BARBARA SAGE

ROGER SMITH



## Stay at Home in Wilton Celebrates its Original 10 Founding Members on this Special Anniversary



**10 Members who were with us from the beginning—** Doug and Betty Jones, Phil and Anne Richards, Barbara Sage, Gordon Nugent, Giedra Troncone, Kay Chann and Bob and Karen Pingarron



"Bob and I have participated in and enjoyed all of the wonderful activities available to members. If you want to be with upbeat, interesting people who enjoy day trips, lunch or breakfast out and helping fellow seniors, SAHW is the place to be."

**—Karen & Bob Pingarron**

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# Mark Your Calendar for June Events

## Lunch at Pinstripes



**Wednesday, June 2nd, 11:30 AM**

All members are invited! Meet at Pinstripes in the SoNo Mall in Norwalk, and shop afterwards. Carpooler can meet at the commuter lot (north of Orem's) at 11 AM.

**Reservations: 203-762-2600**

## Men's Monthly Breakfast Tuesday, June 8 at 9 AM



**"It's good food and great conversation!"**

Men will meet at Orem's Diner. Guests are invited. For questions, call **203-762-2600**



## Anniversary Gala Dinner & Celebration

**Sunday, June 13, 2021  
5 - 9 p.m.**

**The Shore and Country Club**

220 Gregory Boulevard, Norwalk, CT 06855

Contact Janet Johnson at 203-762-2600 for more information on reservations, or if you would like to schedule a ride.



**Stay at Home in Wilton  
Pizza Night Fundraiser  
Wednesday June 23rd  
5 - 9:30 PM**

## Take Out - Dine In - Delivery

Mention *Stay at Home in Wilton* when ordering. 15% of the proceeds benefit Wilton seniors. Fundraiser begins at 5 PM.

**Wilton Pizza**

101 Old Ridgefield Road

www.WiltonPizza.com

**203-762-0007**

(\$2.75 charge for deliveries)

*For more information, call 203-762-2600.*



## Sherwood Island Walk

**Thursday  
June 24th  
10:30 AM**

Rain date: 6/25

Join the Walking Club at Sherwood Island State Park, on the shore of the Long Island Sound in Westport. The park is full of life! A pair of nesting bald eagles has made its home at the park entrance, and if we are lucky we'll spot one or both. Meet at the Pavilion Parking Lot and bring a brown bag lunch to enjoy after the walk. All are welcome.

**RSVP: 203-762-2600**

# Member News and News to Use [www.stayathomeinwilton.org](http://www.stayathomeinwilton.org)

## Welcome New Members

Rita Caruso  
Charles Hogan  
Florence Romanov



## Member Bobbi Kahan Joins the Board as Events Chair

and Wilton Garden Club reflect my keen interests in American history and gardening.

Professional work included public school teaching, and later, managing medical libraries. My longest volunteer work was as an intermediate EMT for an ambulance service during the 26 years I lived in Maine.

Larry Mauer, a member since 2011, introduced me to this organization. We have enjoyed so many special events and educational activities together, and look forward to much more to come in the future.

I am so excited to have joined the board of SAHW and am looking forward to getting to know everyone and to explore possibilities for future activities with you.

I relocated to Wilton from Tennessee in 2015 and live beside my son and his family.

My memberships in Drum Hill DAR, Wilton Historical Society,

## Birthdays

**2nd**  
Joan Marschall

**10th**  
Peggy Lewis  
Phil Stevens

**15th**  
Josina Gaus

## Volunteer of the Month: Roger Smith, Handyman Chair



Stay at Home in Wilton celebrates special Board Member and Handyman Chair Roger Smith. Roger repairs lamps, changes smoke alarm batteries, does light painting, moves patio furniture, delivers meals, grills for us at the BBQ and so much more!

*Ambler Farm*, as a volunteer.

Ann Byrne notes that, "Roger is extremely professional, handy, friendly, and obliging." President Sally Kirmser adds, "Roger does whatever needs to be done; he always shows up." And Roger reminds everyone that, "No job is too small, so if you need any help give us a call."



As a kid growing up on a farm, he thought his middle name was John Deere. You can also find him harrowing the fields at

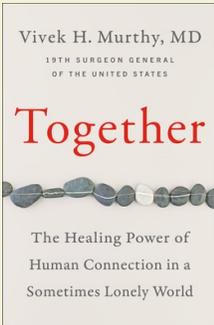
Call **203-762-2600** to schedule a handyman or for venter recommendations.

Photos: Roger and Dee Smith at the BBQ; Anne Hill, Roger and Debbie Louis at the Heart Health event

Book Suggestion:

**Together**

Vivek H. Murthy, MD  
Surgeon General of  
the United States



Why our social connections hold the key to better health, higher performance, and greater happiness

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- Catherine Stroup
- Chris Stroup

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Debbie Louis  
Membership &  
Publicity Director



**Message from the President**

“Our seniors came through with flying colors for their patience, gratitude, and sense of humor.”

Dear Members,

As we celebrate the momentous occasion of our tenth anniversary (one and a half years late because of the pandemic), I think about the tough days we have endured since COVID-19 struck, and the inspiring attitudes of our senior community in coping with so many restrictions on our daily life.

The isolation was palpable as the lockdown resulted in missed trips to the market, to doctors’ appointments, and to worship services. We longed for hugs from our children and grandchildren and missed our friends.

Yet bursting through this dark scenario was the constant bright light of positivity that our Stay at Home in Wilton seniors displayed. Because Wilton is a caring community, many Wilton merchants, organizations and volunteers stepped up to provide necessary services, grocery pickups, rides to doctors’ appointments, and drive-thru lunches. Stay at Home organized many Zoom presentations as well as seasonal gifts such as pumpkin breads, poinsettia plants, and pots of herbs to remind us that we could all stay connected in interesting and creative ways until sunnier days returned.

We were helped immeasurably by the speedy vaccination process expedited by our own Social Services Department and by medical personnel who manned pop-up vaccination sites. Our seniors came through with flying colors for their patience, gratitude, and sense of humor. The past 12 months have brought us together in new and hopeful ways.

Let us start our “new” lives with hope and good cheer, and with the continued mutual support of our Stay at Home membership and the larger Wilton community.

In appreciation and friendship,

Sally Maraventano Kirmser  
President

