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## Spring Treats and New Beginnings

### Enjoy Your Kitchen Herb Garden!



We hope you will be excited to use the fresh herbs selected for you by legendary herb gardener Sal Gilbertie of Westport, the third-generation proprietor of the largest herb-growing operation in the U.S. (See p. 2 for herb garden drive-thru details.) Homegrown herbs add special zest to the simplest dishes. See for yourself!

Stay at Home in Wilton President Sally Maraventano Kirmsers, author of the cookbook *Festa del Giardino*, offers a few hints on using the basil, parsley, and rosemary that you've received. Sally has also provided recipes using basil and rosemary on our website, [www.stayathomeinwilton.org](http://www.stayathomeinwilton.org). Check them out!



**BASIL**, the most widely used herb in Italian cooking, is easy to grow in pots or in the garden and is always used with tomatoes. A few good-sized basil plants will ensure a supply of pesto for the winter. (Unlike basil leaves, pesto freezes beautifully.)



**PARSLEY**. Italian flat-leaf parsley has more flavor than the curly variety and is high in vitamins A and C. Hardy and easy to grow, it often lasts in the garden until Christmas. Use it with fish, meats, poultry, and eggs, as well as in sauces. Minced parsley makes a colorful garnish for any number of dishes.



**ROSEMARY**, a popular perennial that is easy to grow in pots indoors, produces a lovely blue flower. Use it to flavor hearty soups and to make luscious roast potatoes. It is marvelous as a topping for focaccia (flat yeast bread).

# Mark Your Calendar for April Events

**Men's Monthly Breakfast**  
**Tuesday, April 13 at 9 AM**



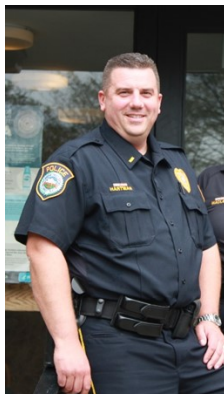
*"It's good food and great conversation!"*

Men will meet at the diner. For questions, contact **203-762-2600**



**Scam Protection**  
**with Senator Will Haskell and Lt. Dave Hartman**  
**Tuesday, April 20**  
**2 - 3 PM**

Can you spot the telltale signs of a phone or computer scam? Senator Will Haskell will speak on Connecticut's legislative effort to combat phone scams while Lt. Dave Hartman of the Wilton Police Department offers a review of the latest scams in our community. Learn the steps to take to protect yourself and your assets. Don't miss it. Invite a friend!



**RSVP: Janet Johnson**  
at **203-762-2600**  
A Zoom link will be provided by email.



**The Walking Club Begins: Norwalk River Valley Trail**  
**Thursday, April 22**  
**10:30 AM**  
Rain date: 4/23

Join us for our first walk of the year! We'll meet at the Autumn Ridge parking lot of the Norwalk River Valley Trail. We are happy to accommodate slower and faster walkers; all are welcome.

**RSVP: 203-762-2600**

**Herb Garden Drive-thru**



*Wilton Historical Society*  
**Friday, April 23, 1 - 2 PM**

Spring is here! Reserve your indoor-outdoor herb garden. Fresh basil, parsley, and rosemary have been selected for you and generously donated by Sal Gilbertie, Gilbertie's Herbs and Garden Center. Your gift includes three potted herb plants and two of Sally's recipes.



**RSVP: 203-762-2600**



**Ladies Lunches Begin**  
**Thursday, April 29**  
**11:30 AM**  
**RSVP: 203-762-2600**

Celebrate Spring! Join us for the first ladies in-person lunch of the year! Don't miss this special gathering at the Red Rooster, one of the finest outdoor dining spots in Wilton.

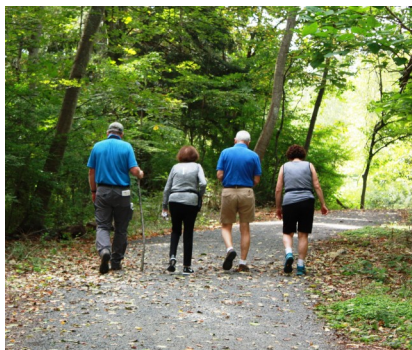
# Member News and News to Use [www.stayathomeinwilton.org](http://www.stayathomeinwilton.org)

## Welcome New Members

Lila Griswold

## New Volunteers

Paula Ferguson  
Ann R. Fiteni  
Dee King  
David Williams



## Walking Club Kicks Off April 22



Join us to celebrate Earth Day, April 22, as we inaugurate a new season of the Stay at Home in Wilton Walking Club! Most of us have spent way too much time sitting during the past year, and

many of us have spent too much time alone. What could be better as an antidote to both of these situations than a leisurely walk with friends on an easy and accessible trail?

We plan to meet on the **last Thursday of every month**. This month we'll admire the dozens of daffodils planted by the Wilton Garden Club at the Autumn Ridge trailhead of the Norwalk River Valley Trail, then head out for a pleasant walk. Future walks will take us to Cranbury Park in Norwalk and Sherwood Island State Park in Westport. Hopefully we will be able to enjoy a brown bag lunch or an outdoor dining spot on future walks. —*Ellen and Jim Kapustka*

## Birthdays

### 1st

Arlene DiRocco  
Carolyn Wissinger

### 12th

Anne Clarke

### 13rd

Elfriede Yoder

### 14th

Gordon Lucey  
Bruce Yeko

### 15th

Erika Chamberlain

### 30th

Phyllis Tousey



## The Wilton Garden Club

**Celebrates 100 Years**— with a project to plant 15,000 daffodil bulbs over five years. The campaign, Wilton's "Golden Miles," will brighten the town and provide weeks of springtime beauty. The daffodil has come to symbolize rebirth and new beginnings. Peak bloom time is in mid-April. Visit the link below to take a self-guided driving tour.

[www.wiltongardenclub.org/what-we-do/wiltons-golden-miles](http://www.wiltongardenclub.org/what-we-do/wiltons-golden-miles)

To schedule a Stay at Home volunteer to drive you along the route, call **Janet Johnson** at **203-762-2600**.

**Comstock Spring Lunch Drive-thru**— *The Wilton Police Dept.* will be passing out lunches on **April 7, 11 AM - 12 PM**. Enjoy a quiche, salad and delicious treat prepared by Village Market. **RSVP: 203-762-2600 by April 2nd.** No charge.



## Volunteer of the Month

Stay at Home in Wilton celebrates Anne Hill as our Volunteer of the Month. Anne has volunteered for every drive-thru event, even the snowy ones. Be sure to wave and give her a smile when you see her on April 23rd at our Herb Garden Drive-thru. She's a gem!



"I enjoy volunteering because it gives me warm, happy feelings that I can pass on to others, like a smile."  
—Anne Hill



### There is more than one way to volunteer...

#### 1. Administrative

Collating mailings, making binders, filing and organizing, computer help, data entry, writing thank you letters and birthday cards, graphic design projects, photo library help

#### 2. Social Events

Greeters to sign in guests, helpers to set up or clean up, callers to call members for RSVP's

#### 3. Service

Drivers, friendly visitors or callers, creative events advisors to help plan special events, seminars, and drive-thru's, Fundraising and Sponsorship Committee members

#### Special Requests:

- **April 23:** "Green Thumbs" to help with our Herb Drive-thru
- **April - June:** 10th Anniversary Gala Committee members

To learn more about volunteering, contact us at **203-762-2600**.



## 10 YEARS Gala Update:

We thank all of you who responded to our survey regarding your thoughts on celebrating our **10th Anniversary Gala** on **June 13th** at the Shore and Country Club. Your responses indicated that we should continue as planned with our celebration. We will continue to monitor the situation and of course our priority is the safety and well-being of our members. Look for more information and an invitation in the coming weeks.

To help celebrate our 10th Anniversary, we are creating a special commemorative program. If you, your friends or family want to share special memories and thoughts about Stay at Home in Wilton over the years, please fill out and send back the enclosed information sheet.

We look forward to celebrating this important milestone for our organization with you!

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**Save-the-date: Sunday, June 13, 2021 10th Anniversary**