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NEWS and REVIEWS

August 2019

Volume 9 Issue 5

August 2019



On July, 17, I was a vendor at the Farmers' Market, wearing both the SAHW hat and that of my Italian cooking school, Cucina Casalinga. I thought of our beautiful herb garden and my husband Ralph's veggie garden overflowing with fabulous vegetables.

All of this abundance came from tiny seeds and little starter tomato plants. It made me think of our Stay at Home in Wilton community that continues to grow and flourish.

Stay at Home in Wilton Membership has record breaking second quarter—

Membership experienced a record-breaking second quarter. We are now up to 120 members, with new Wiltonites joining continually. We welcomed new board and advisory board members and have planned wonderful new events for the fall. On October 18, we are having our first annual SAHW Oktoberfest with authentic German food and beer from local breweries. October 20 we will hold our first fundraiser, a special concert called Autumn Winds, at St. Matthews.

Thank you for all the feedback you give me, whether at our events, on town paths and in the aisles of the Village Market and Stop and Shop. You are the best old and new friends and I am proud to be your president.

Sally Maraventano Kirmser





Volunteers honored at a special reception



Senator Haskell visits the Senior Center

"I had a wonderful time and so appreciated the invitation. It was such a kind and welcoming group."

—State Senator Will Haskell

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Mark Your Calendar for August Events



Joni and The Keepers

Merwin Meadows

August 4th, 5PM - 7 PM

An trio of Wilton locals, John Taylor, Joni Wallace, and "Mac" Johnston, the husband of Board Member Lisa Roman who played at Stay at Home in Wilton's 9th Anniversary. Attend as a group.

RSVP: **203-762-2600**

Play Mahjong

Tuesday, August 13th, 1:30 PM and August 27th, 12:30 PM

Senior Center - 180 School Road

Contact Member Kay Chann:

203-544-7414 Beginner's welcome!

Stay at Home in Wilton's—

Annual Summer BBQ Friday, August 16th

5 PM at WEPCO

Bring a side dish to share.

RSVP: 203-762-2600

by Tuesday, August 13th

Men's Monthly Breakfast



Orem's Diner

Tuesday, August 13th, 9 AM



Let's us know you're coming! 203-762-2600

Lunch by the Lake at the historic Hopkins Inn



Meet at commuter lot: 10:30 AM

Thursday, August 22th

Take a scenic drive to New Preston, CT! Enjoy lunch on the lake at the Hopkins Inn with breathtaking views of Lake Waramaug. Sample local wines next door at Hopkins Vineyard and visit their unique gift shop.

Reservations Required: 203-762-2600

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Stay at Home Member and Board News

Welcome

New Members

Donna Britto Theresa Pioli
Harold Britto Christine Villani
Philomena Ferraro

New Volunteers

Donna Below



Stay at Home in Wilton
Welcomes
Gale Roeder
to the Board of Directors

Meet Gale Roeder, who is co-chairing our new Event Planning Committee with Linda Gortz.

Gale's grandparents lived on Hurlbutt Street and her dad and his siblings attended the Hurlbutt Street School. In 1946 Gale's dad purchased property in Wilton and built homes for his family and daughters. Gail has wonderful roots. She still sees her high school friends, who rallied around her when her husband George passed away. Gale's advice, "Accept every invitation and stay in touch."

Gale loves the town and feels that, "It's a wonderful place to be. I would like my friends and others to be able to stay and enjoy all Wilton has to offer."

Gale heard about Stay at Home in Wilton through Janet Johnson at Encore and P.E.O. and has been a regular volunteer. Gale and Linda are dedicated to planning excellent new programs for our members.



Stay at Home in Wilton
Welcomes
Dave & Linda Gortz
to the Board of Directors

Meet Fundraising Co-Chair Dave Gortz and his wife Linda, our Event Planning Committee Co-Chair, who is working with Gale Roeder.

The Gortzes' story began when Dave's friend Greg walked into his office and said, "I just met your dream girl." That serendipitous encounter led Dave and Linda to 47 years of marriage, four kids and four grandchildren. None of their kids live nearby. Darren and Katie live in Madrid, and daughter Kelly lives in LA; all have families. Scott has special needs and lives in a group home managed by Abilis, an organization that is a big part of their lives with a reputation for outstanding care.

Dave and Linda are volunteer drivers for Stay at Home in Wilton. Dave belongs to Kiwanis and he is treasurer and on the steering committee of the Wilton Interfaith Action Committee. Linda is active in P.E.O., a women's philanthropic organization that supports women's education.

The Gortzes rescue senior golden retrievers. Their golden, Nikki, is their fourth rescue. Linda says, "We only take seniors!"

Dave and Linda would like senior residents to have the supportive services they need to make it easy for them to stay and feel at home in Wilton. They consider Stay at Home a necessary investment in the future for all Wilton seniors today and tomorrow.



Wilton Farmers' Market Wednesdays - All Summer 12 PM - 5 PM

The Wilton Historical Society

President Sally Maraventano Kirmser was a vendor at the Wilton Farmers' Market July 17 offering tastings of recipes from her cookbook, *Festa del*

Giardino; A harvest of recipes and family memories.

Shoppers sampled Bruschetta al Pomodoro, Rosemary Focaccia, Artichoke Tapenade and Rotelle with Pesto. Recipes for all these dishes can be found in her memoir vegetarian cookbook. If you missed Sally at the Farmers' Market, you can find her on September 10 at RVNA doing a cooking demo and lunch with RVNA Dietitian and Nutrition Educator Meg Whitbeck. Sally will demonstrate recipes from her cookbook, which will also be available for purchase.

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Shingles Vaccine
SHINGRIX is
Available

Stay at Home in Wilton Members Receive 10% Off

All gift and over-the-counter items

Mon-Fri: 8am-7pm | Sat: 9am-5pm | Sun: 9am-1pm

Delivery service available for prescription customers

28 Center Street, Wilton CT 203-762-6700

The Farmers' Market features fresh vegetables, fruit, flowers, bread, jams, pesto, cheese, and honey, plus other homemade goodies, all from local growers and makers. Shop organic produce from Ambler Farm; or enjoy a take-out lunch or dinner from gourmet food trucks.

Contact us at 203-762-2600 for a ride to the Farmers' Market.

Top 8 Reasons

to schedule a Stay at Home handyman this summer— Handymen are vetted,

Handymen are vetted, skilled and trustworthy.

- I. Check AC filters
- **2.** Change batteries and lightbulbs
- 3. Bee removal advice
- 4. Caulk windows
- **5.** Install bird houses to reduce insect population
- 6. Move patio furniture
- 7. Repair screen doors
- **8.** Small home repairs are free to members

Contact Janet Johnson: 203-762-2600